

Child Care Health Consultation Health Issue Training Lesson Plan

Contractor (LPHA) Name: Ste. Genevieve County Health Department

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Health and Safety Standards	Training Levels
<input checked="" type="checkbox"/> Promoting Risk Management Practices <input type="checkbox"/> Protecting Children and Youth <input type="checkbox"/> Promoting Physical Health <input type="checkbox"/> Promoting Mental Health <input type="checkbox"/> Promoting Healthy Eating	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 Source: Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011

Title: AHA Heartsaver Pediatric First Aid and CPR with AED 6.0

Learning Objective(s):

Participants will successfully demonstrate appropriate responses for various emergencies involving children.

Topical Outline of Content	Resources Used
<p>Welcome/ Introduction (<i>all video minutes mandated by AHA</i>)</p> <p>First Aid Steps: Indoor and outdoor prevention, car safety and prevention, assessing the scene, washing hands, universal precautions, exposure to blood, taking off gloves, first aid action plans and first aid kits</p> <p>Group A Topics: Illness and Injuries Stopping bleeding and bandaging, shock, allergic reaction, epinephrine pen Asthma, dehydration, diabetes and low blood sugar, heat exhaustion and heat stroke, hypothermia, drowning</p> <p>Group B Topics: Illness and Injuries Amputation, bites and stings, broken bones, sprains and bruises, burns and electrical injuries, eye injuries, fainting, fever, frostbite, head neck and spine injuries, poison, seizure, splinters, tooth injuries</p> <p>Child CPR/AED/Choking</p> <p>Infant CPR/Choking</p> <p>Adult CPR/AED/Choking (this module optional if provider does not care for children age 13 and over)</p>	<p>Lecture, video, practice while watching, discussion, skills test</p>

Method(s) of Outcome Evaluation: Skills test

Health Issue Trainings are developed utilizing best practice references such as the "Kansas and Missouri Core Competencies for Early Childhood and Youth Professionals" (Content Area V: Health and Safety), and the National Health and Safety Performance Standards, "Caring for Our Children." Consultants developing new lessons for Health Issue Trainings should use this template and submit to the CCHC Program Manager, for submission to the Missouri Workshop Calendar for Program approval. Health Issue Trainings already approved by the CCHC Program Manager and the MO Workshop Calendar are approved for use by any contracting LPHA. Approved lesson plans are reviewed by the CCHC Program Manager at a minimum of every three years, and are therefore considered approved if in circulation until otherwise instructed by the CCHC Program Manager.